

# MEDFORD PUBLIC SCHOOLS

## JH-HS TRACK MEET

# ORDER OF EVENTS

Friday, April 12<sup>th</sup>, 2024

**9:30 a.m. COACHES MEETING**

**9:45 a.m. FIELD EVENTS** – Each contestant will be awarded (3) attempts in the long jump, shot put, and discus throw. (NO FINALS.)

|            |                 |
|------------|-----------------|
| HIGH JUMP  | HSB-JHB-HSG-JHG |
| LONG JUMP  | HSG-JHG-HSB-JHB |
| DISCUS     | HSG-JHG-HSB-JHB |
| POLE VAULT | JHG-JHB-HSG-HSB |

**10:00 a.m. TIMED FINALS**

|             |                 |
|-------------|-----------------|
| 400 RELAY   | JHG-JHB-HSG-HSB |
| 3200 Relay  | HSG-HSB-JHG-JHB |
| 100 HURDLES | JHG-HSG         |
| 110 HURDLES | JHB-HSB         |
| 3200 RUN    | HSG             |
| 800 RELAY   | JHG-JHB-HSG-HSB |
| 800 RUN     | JHG-JHB-HSG-HSB |
| 100 DASH    | JHG-JHB-HSG-HSB |
| 3200 RUN    | HSB             |
| 400 DASH    | JHG-JHB-HSG-HSB |
| 300 HURDLES | JHG-JHB-HSG-HSB |
| 200 DASH    | JHG-JHB-HSG-HSB |
| 1600 RUN    | JHG-JHB-HSG-HSB |
| 1600 RELAY  | JHG-JHB-HSG-HSB |

### Qualifying Marks

Disc- JHG 50, JHB & HSG 70, HSB 90  
Shot- JHG 20, JHB & HSG 25, HSB 30  
HJ- JHG 3'8, JHB & HSG 4'2, HSB 5'2  
LJ- JHG 10, JHB & HSG 12, HSB 16  
PV- Low as possible